

# Goan Connection

GOAN ASSOCIATION OF NEW JERSEY, INC.  
Established in 1991



AT A GLANCE

FALL - 2022

Welcome to Fall  
Meet the Team  
Goa has a Cardinal  
Save the date  
A look back into Goa  
Konkanim Uloi  
Celebrations  
With Thanks  
A Musical Family  
Prayer Warriors  
In Memoriam  
Summer Fun  
GOANJ Picnic  
Amazing Sponsors

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## The Editor's Desk

Welcome to  
Goan Connection!



As we begin to see the colors around us change, we are reminded that change can be beautiful. Try a new hobby, a new way of looking at life, a change in schedule, attitude, diet, habits. Change challenges us to be the best version of ourselves. It can be transformational.

This issue is packed with exciting new articles and pictures galore. We have a new Cardinal, and what a blessing it is!

We bid adieu to Dr. Suzette Barreto who is leaving our editorial team, but will remain as a mentor. We thank her for helping us navigate the COVID scare. She has been passionate about covering healthcare issues in the Goan Connection. We welcome Dr. Vinette Coelho D'costa who will be joining our team.

Thanks to our editorial team, Dianne Nunes, Wilma Martins, Carmeline Baretto, Dr. Suzette Barreto, Chantelle Faria and Marissa Gomes for her artistry.

Thank you members for your contributions, in making the Goan Connection interactive and meaningful.

I would like to invite you to join our editorial team or help in anyway.

See you at the dance on December 10, 2022

Joyfully,  
Brenda Rebello

Goan Association of New Jersey, Inc.  
Website: [www.goanj.com](http://www.goanj.com)

## *The Association Corner*



Greetings everyone!

Trust everyone has had a terrific summer.

We have a new entrant to the board of trustees. Congratulations, Rui and warm welcome to the GOA NJ board of Trustees. I'm sure your enthusiasm, drive and potential will enhance our Goan Association team.

Thanks to everyone who came for the Picnic. I hope you all had a blast! The weather was perfect, location pristine, and everyone had tons of fun playing games, dancing to foot tapping music by Evette, while others just basked in the pleasant August sun; catching up with friends they haven't met in a while. For those who couldn't make it, you can see the collage of pictures later in this newsletter and on our GOANJ facebook page. The feedback from everyone was very positive. We encourage you to provide your feedback, positive or otherwise on all our events, it just helps us enhance your experience moving forward.

I hope you have GOANJ on your calendar for Dec 10, 2022, when we host our marquee event, the GOANJ Christmas Ball. Preparations are in full swing. The GOANJ planning committee is leaving no stone unturned to make it an occasion to remember. Looking forward to seeing everyone at the Royal Albert Palace (same venue as last year).

A big thank you to all our newsletter contributors. Keep your newsworthy articles coming.

Thank you, everyone, stay safe, and healthy. Until next time.

Mog Assum,

Marvin Fernandes



# A Red Hat and the Goan Catholic Diaspora on their Knees

Reverend Basilio G. Monteiro

The August 27, 2022 consistory of the College of Cardinals summoned by Pope Francis, awakened the Goan Catholic Diaspora from around the world and compelled them to recall with gratitude the roots of their faith, and thus their responsibility to be the bearers of that faith on the world stage.

While the Archbishop of Goa and Daman, Filipe Nery Ferrao was installed as cardinal, a chosen close collaborator of the Pope to labor in the global vineyard, the Goan Catholic Diaspora from different continents, descended on the Vatican to embrace, accompany and support the newer and greater responsibilities entrusted to His Eminence Cardinal Ferrao. The newly installed 20 Cardinals was a renewed, gentle but poignant, reminder that the People of God are vibrantly living their faith at all intersections of the world, which challenges our historical imagination of a Westernized Church. Pope Francis reminded the Cardinals that Jesus “*(he) wants to share with us His magnanimity, His boundless and unconditional love, for His heart is afire with the mercy of the Father.*”

On August 28<sup>th</sup>, the Goan Catholic Diaspora, in droves, joined His Eminence Cardinal Ferrao at the Church of the Pontificio Collegio Urbano, in the vicinity of the Vatican, to celebrate the epoch of grace that our loving God has opened for us with Cardinal Ferrao as our “hinge” grounded in prudence, justice, fortitude and temperance. The Eucharistic Liturgy was presided by His Eminence Cardinal Ferrao, and joined by another newly installed His Eminence Cardinal Poola, Archbishop of Hyderabad, Cardinal Oswaldo Gracias, Mumbai, Cardinal Baselios Cleemis, Syro-Malankara Catholic Church, Cardinal George Alencherry, Syro Malabar Church, Archbishop Blasco Colaco, from Margao, Goa, who served his lifetime in the Diplomatic Service of the Holy See, and a two-dozen priests who have travelled from Goa with a joyful congregation of about 300. This solemn Eucharistic celebration was followed by an enthusiastic social gathering in the spacious dining room of the College, accompanied by delicious Goan gastronomy.

Cardinal Ferrao, overwhelmed by the outpouring of love and affection, remained gracious in acknowledging the generosity of the Goan Diaspora.

A “call” to be a cardinal by the Pope, is not a private call, but a public one. It is a call for an “*episkopoi*” (leader) of a particular community of the People of God – in our case of the people of God of the Archdiocese of Goa and Daman – to sail the Ship of Peter in the Universal Waters.

The Goan Catholic Diaspora now has a new responsibility: to support and accompany our Cardinal Ferrao in the exercise of the global responsibilities demanded and expected of him.





# Save The Date

## Christmas Ball

December 10, 2022

Royal Albert's Palace

Fords, NJ





# Your Window to Look Back into GOA



The owners of many Goans houses express with pride the glamour, aristocracy, and upgraded status which came along with the Goan houses. However many houses have been unfortunate and have an ugly, bitter and sad story to tell, with their very existence.

Most house owners would cry fowl saying the maintenance cost of these houses is beyond their reach. But the fact remains that it is due to lack of family unity that leads to this unfortunate situation for some Goan houses.

The heirs of these families scattered all over the globe make it difficult to coordinate and reach a consensus on the future of these houses. However, I see a light at the end of this tunnel after deliberating with various legal experts. I suggest that one of the ways forward is to form a family trust.

## A case study of my proposal

Let us assume that there is a heritage house admeasuring “300 sqm (3200 sq feet)” on a plot of land admeasuring “2000 sqm (21,500 sq feet)” and the heirs of the family are two daughters and two sons, namely; Martha, Maria, Matthew & Mark. (names are fictitious). I have deliberately mentioned daughters in this example, as many times it is misinterpreted that a daughter once she is married has no right on the inherited property. These four children are principal trustees in the family trust and the conditions laid down in the bylaws of the trust are not only binding on the children but also the future heirs of these children.

The first step to be taken is to carry out the valuation of the land and the house through an approved valuer. Upon doing the valuation of the land and the house, let's assume that we have arrived at the market value of Rs.1 crore.

In this situation, the four children have a 25% undivided share in the land and the house. Among the four children, Mathew is financially better off and he is willing to spend Rs.1 crore to carry out the repairs and improvements of the house to convert it into a homestay/ guesthouse with the consent of the other three siblings.

On completion of the repairs and improvement of the house with the expenditure of Rs.1 crore the market value of the land and the house now increases to Rs. 5 crores. Now, the percentage entitlement of the shares of all 4 siblings changes with Matthew having a 40% undivided share and the other three having a 20% undivided share each in the land and ancestor's house.

The four children now decide to lease out the land and the house to an agency to operate the homestay/guesthouse. However, the first right of refusal is given to these four children to operate the homestay/guesthouse if they are capable and willing to do so.





The proceeds received from the lease are deposited into a trust fund and for the first two years, the amount in the trust fund is not withdrawn. From the third year onwards the proceeds received from the lease rent are again put in the trust fund and 50% is again kept in the fund for the maintenance of the land and the house and the balance 50% is distributed among the four children as per the share entitlement mentioned above.

Homestay/guesthouse is just one example. These houses could be put to other adaptive uses as well. This case study is a win-win situation for all four children and most importantly this heritage ancestral house is restored for posterity.

As a gesture of respect to eminent family members who excelled in their professional and social life, the later generations of these families went beyond installing life-size portraits and instead installed life-size busts of these family members, as a gesture of respect to this family member.

The Late Dr. Alvaro de Loyola Furtado was an eminent doctor, historian, journalist, and politician. Popularly known as Doctor Alu, he was one of the founding members of the United Goans Party which played a major role in Goa's opinion poll.



Late Dr. Alvaro De Loyola Furtado



Presentation Convent, Orlim

The Late, Dr. Alvaro was a man of great integrity and honor, and more importantly was a large-hearted human being. After the family moved to the village of Chinchinim, he donated the family heritage house in the village of Orlim admeasuring approximately "650 sqm (7000 sq feet)" along with a plot of land admeasuring approximately "8000 sqm ( 80,000 sq feet)" to the Presentation sisters who set up a convent and a school on this property. Many Goans from the village of Orlim and neighboring villages have benefited. A gesture such as this needs to be applauded and celebrated.

**Disclaimer:** This article should not be read as legal advice, please confirm with your personal Lawyers/advocates/attorneys.

#### **About the Author**

*Alinto Coelho is passionate about preserving our Goan Heritage. He holds a Bachelor's degree in Civil Engineering from Goa College of Engineering.*

*He provides Professional Consultancy Civil Engineering Services in Goa, which includes Restoration of Heritage Structures. He has initiated a process to document Heritage Structures across Goa.*

*The pictures in this article are taken personally by him.*

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# Speak Konkani KONKANIM ULOI -9



Effie Tavares

## XIKSAN -LESSON

Burghim Porot Xalleak!



Children, Back to School

I love to go to school

Xalleant vochpak  
maka khub avodta.

I wait for my school  
bus



Hanv muje xalleache  
bosik rautam.

Where is my  
backpack?

Mojem pustokachi potti  
khuim assa?

I keep my lunch  
box ready

Hanv mojem jeunachi  
petti toyear kortam

burghim

children

Xallah

School

pustok

book

Xiksak

Teacher

Write =Borop  
Speak=Uloi  
School breaks -  
Xallent Vishov ghetat  
Month - Muino  
Day/s - Diss  
Weekends- Sandolleachi suthi

Subject

Vishai

Grade/s

Melltan

Backpack

pustokanchi potti

Read

Vachop

Lunch box - Jeunachi petti  
School bus - Xalleachi Bos  
Classroom - Vollghant asta



# Caps Off to you, Grads!



Congrats Chantelle Faria!  
All the best at Drexel University



Way to Go Jason Almeida!  
Best Wishes as you major in Computer Science  
at Rutgers University



Congratulations  
Noah Mascarenhas!  
  
All the best at  
Montclair State University.  
A shout out to the  
Mascarenhas family, Larry,  
Ann and Kelly



Congratulations Sophia da Costa!

All the best as you major in  
Neuroscience at  
University of Scranton


Way to go Cassie Lanjwal!

Best Wishes at NJIT as  
you major in Computer  
Science. Congrats Mom  
and Dad!



## Goan Proud





*We ask our Lord's to bless*  
all our students, teachers  
and staff. May you have  
a healthy, safe and a great  
academic year.

May the Holy Spirit be  
your constant guide and  
may you experience our  
*Lord's loving and guiding*  
hand in all that you do!





Back on October 1, 2021, Monisha Pereira and Stephen Bonsu said their *"I do's"* in a beautiful wedding ceremony! However due to Visa and Covid restrictions, the families on both sides could not attend the wedding - which left the newlyweds without close family surrounding them.

Then along came the GOANJ picnic on August 21, and nearly 200 people shared in their joy and stood around and adorned them with love and well wishes as they danced their first dance in front of their GOANJ family! We wish the *newlyweds a lifetime of God's blessings upon them!*

Congratulations Mr. and Mrs. Bonsu!!!



## *Congratulations*



With great joy Mavis DaCruz wife of the late Pralad DaCruz would like to announce the engagement of their son Kevin DaCruz to Casey Higgins.



Congrats  
Celsius and Brenda Rebello on  
celebrating your Silver Wedding  
Anniversary.

May Silver turn to Gold!



# God Bless

God Bless you Bradley , as you receive Jesus in  
the sacrament of Holy Communion.  
Congrats Zulekha and Ryan Fernandes

## *With Thanks, from S r. Monica*



Per the request of Sister Monica, Headmistress of St. Xavier's Academy, a school for the differently abled in Old Goa, the GOANJ donated \$487 towards the purchase of a freezer that will be used by the nuns who are currently residing at a house close to the Academy.

The relocation of the nuns associated with St. Xavier's Academy was necessitated due to the demolition of the existing structure and construction of the new residence for the priests and the nuns.

This is the message that Sister Monica who belongs to the Congregation of Holy Family Sisters of Nazareth, sent:

*Dear Christopher and the members of GOANJ,*

*This note comes with deep gratitude and sincere acknowledgement for all the efforts you all do to reach out to us in our struggles. The place where I reside is a formation house St. Anthony Novitiate House Old Goa where young girls join to study about religious life and become sisters. This house also accommodates the Junior sisters 11 of them under training during holidays for seminars or religious formation.*

*Our deep freezer gave way and we had struggles to go for marketing especially fish and meats even gravy masala to save time are frozen and kept. We had to pay huge amount for transport charges and go miles to do the purchasing of items.*

*Now thanks to the Goan Association of New Jersey for their large hearted generosity shown towards us through the big gift of the deep freezer which will be of great assistance and we need not go to the market several times nor spend the unnecessary money on transport.*

*A big God bless you all and reward your generosity in abundance.*

*Once again with grateful heart my sisters and me send blessings with deep appreciation and gratitude for all your support. Thank you so much for the 500 liters deep freezer which was required to store the meats, fish and other required items for all of us.*

*May our mother intercede for each one of you and keep your families under her mantle.*

*Thanking you always and praying for you all.*

*Yours affectionately,  
Sr. Monica Coelho*



## The Fernandes Family– Our very own von Trapp

Effie Tavares

A Goan born and raised in Mumbai, Dominic Fernandes is a professional bass guitarist boasting an expansive career spanning the last 50 years. He first started out playing lead guitar in his college band.



Eventually, he found his love for the bass guitar and that has become his primary instrument. He played in many renowned Mumbai hotels, clubs and restaurants, including the Taj and the Oberoi. Alfred Rose's cousin, Dominic has played alongside musicians Anibal Castro, Johnny Fernandes and the Monsorate Brothers.

Early in his career, he also had the opportunity to play at the Jazz Yatra. In 1981, Dominic began working in the Bollywood film industry and has since worked with music directors R.D. Burman, Laxmikant-Pyarelal, Kalyanji-Anandji and

playback artists Kishore Kumar, Asha Bhosle and Udit Narayan. He also spent 15 years as a live musician for the reality show Sa Re Ga Ma Pa. This varied career has allowed him to tour worldwide.

Following in his footsteps are his son and daughter, Sanchez and Gwyneth Fernandes. Sanchez started his career as a musician in Mumbai where he performed original music. He found his love for improvisation through busking and jam sessions in NYC. Sanchez earned his Bachelor's in Music from City College of New York. He is currently a music educator at Real Brave Audio and LaGuardia Community College. Like his father, Sanchez also plays in hotels, clubs and restaurants. Along with being a multi-instrumentalist, Sanchez is also proficient in multiple styles of music, including pop, jazz and Bollywood. He has played with Bollywood singers Kavita Krishnamurthy, Rasika Shekar, and Jeffery Iqbal. Sanchez also loves to compose and has recorded a few of his own songs as well as appearing as a sideman on some other records.

Gwyneth is a vocalist currently pursuing her Bachelor's degree in Music Performance at Adelphi University. She began singing when she was 4 years old and competed in various singing competitions in Mumbai until she was 11. Since moving to New York, she has performed in multiple Broadway revues, opera performances and jazz and choral concerts. Being classically trained, Gwyneth can sing in many languages including Italian, French and German but has also taken up singing in her native language, Konkani. Gwyneth has had the privilege of working with renowned musicians Violetta Zabbi and Priscilla Owens amongst many others. Along with being a full-time student, Gwyneth is also a music educator at Center Stage Music Center, as well as an assistant for the Music Department at Adelphi.

**Music, the soul** of life!



## Bible Study



Once every two weeks, Norman D'Souza leads a Bible Study intended to grow our faith, worship our Lord and lead us on the path of righteous living with the help of Scripture.

Every other Sunday evenings, at 7:00 pm all interested attendees gather on Zoom to share the Gospel message and apply it to everyday living. All are invited to join and newcomers are welcomed!

Contact Norman at [normandsouza100@gmail.com](mailto:normandsouza100@gmail.com) to be included! A call to step up and step out in faith!

## PRAYER TEAM WARRIORS

The Prayer Team is a dedicated group, faithfully praying for the spiritual, emotional and physical needs of others. We place these petitions (anonymously, if preferred) at the feet of the Father, Son and Holy Spirit on those requesting prayer.

Reach out in faith and expected hope to either, [vilmalfmartins@gmail.com](mailto:vilmalfmartins@gmail.com) or [dianneenunes@gmail.com](mailto:dianneenunes@gmail.com) to submit your request.

“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with My righteous right hand.” Isaiah 41:10



# Rest in Peace



Joyce Pereira

Joyce Pereira, mother of Wendy Cassel was called home by the Lord on 25th June, 2022.

Joyce lived a full and active life, she was a good seamstress and cook and she loved to sing. She ran a nursery school, but still found time to volunteer at the YWCA, Sneha Sadan orphanage, Vinalaya and in her parish community.

She will be missed dearly by her family, friends and all those who knew her.

ETERNAL REST GRANT  
UNTO HER, O LORD.



# How I spent my summer!

By Leonardo (Leo) Pinto, (11 years)

Summer has always been my favorite season. This year, during my summer break I did many exciting things. One of the highlights was my vacation to Waikiki Beach, Oahu, Hawaii. There I visited many places and had lots of fun. The first thing my family and I did in Waikiki was walking to the Diamond Head Crater. We had an amazing view of the island from there.



The next day we visited the animals at the Honolulu Zoo. On the third day we took a tour of the island and swam in a waterfall. That was so cool! The next day, we spent the whole day at the pool and beach. On the fifth day, we went to Pearl Harbor and toured the USS Arizona Memorial and the USS Missouri battleship. On the sixth day, I spent the entire day on the beach. But that wasn't the end of my summer!

During the other weeks I went fishing a lot and caught my first fish in the Hudson River. It was a white perch and I ate it for dinner. I went biking on the Mario Cuomo Bridge in NY State, which is 3.7 miles long each way. That's something my parents and I do every year.

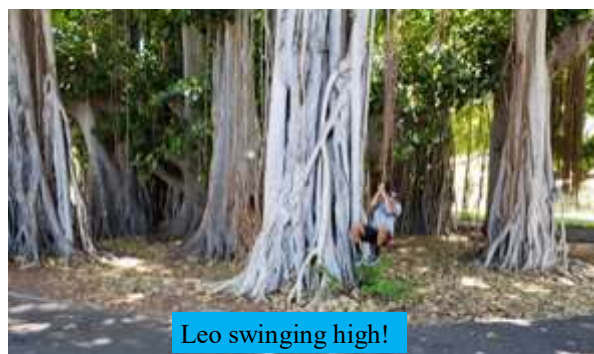
Nearing the end of my summer break, I finally went to the Goan Association of NJ annual picnic. There I took part in many exciting activities. First were the games. They had games like golf and bowling and some others too. Every time you play you get candy and if you win you get tokens that you can trade for bigger candies. Second was the bingo game. It was fun even if you didn't win. Third, was the water balloon toss. It's fun when the balloon bursts and splashes on you. It also cools you down.

The penalty kick contest was another activity that was fun. The prizes were nice soccer balls. I always enjoy the GOANJ picnic and look forward to it every year.

Now my summer break is coming to an end. I hope you too had a great summer, like I did!



What a Catch!



Leo swinging high!



That looks so cool!

# Our African Safari

Abigail Soares



From diverse animals to majestic landscapes, our trip to Africa was nothing short of magical. Thirty-eight strangers soon became a band of friends, as we bonded together over getting heckled by sellers and drunkenly singing Konkani bails. But we bonded most over nature, taking in the gorgeous sights.

Regardless of where we were—Ngorongoro, Nairobi, Kilimanjaro, Amboseli, Lake Elementaita, Lake Manara, the Masai Mara—we were always greeted with beautiful sceneries and a warm welcome, a testament to the generous hospitality of the hotel workers and drivers. Early in the morning, we would embark on an almost three hour game drive, enjoying the cool breeze and the breathtaking sunrise. After taking photos of zebras and elephants, we would head back to the hotel to enjoy a lunch that reminded us of our Goan roots. Afterwards, we would do another game drive and later head for dinner. If there was time, we would sit around a campfire—laughing, drinking, and most of all, having fun.

Whenever we wanted to relax, we would stop at gift shops, buying tanzanite rings for our friends and wooden decorations for our homes. Once, we stopped at the Masai Village where we learned to throw spears, make fire, and dance in the Masai way. One day, we celebrated on the game reserves in a peaceful Sundowner, singing songs and watching the purple sunset. We even enjoyed an assortment of meats at the restaurant, The Carnivore, nervously sampling crocodile meat, ostrich balls and even ox balls.

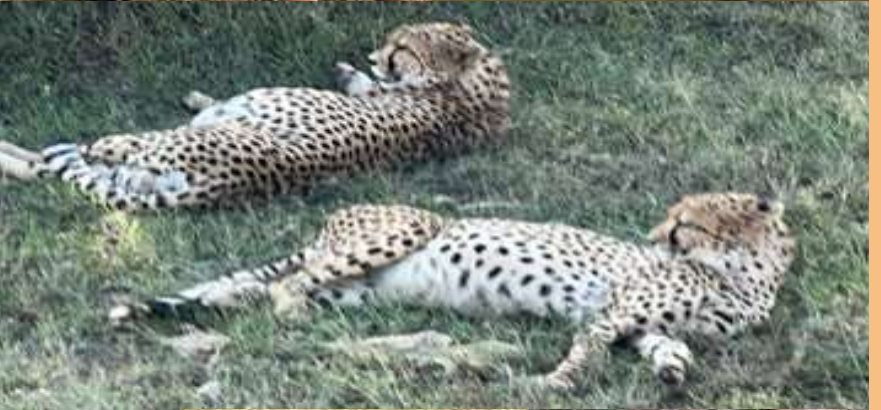
Funnily enough, we did end up seeing crocodiles. We even saw four of the Big Five animals: lions, elephants, buffalos, and rhinos. Though we did not see leopards, we enjoyed looking at other animals, like cheetahs. One day we even stopped at a giraffe feeding centre; some of us held out the food, while others threw it in the giraffes' mouths, adamant on not getting licked. We even went to an elephant orphanage, melting at the sight of the babies guzzling milk, some of us even getting to pet them.

However, one of the most memorable moments was when we saw the lions on Pride Rock. Sitting regally, the lions commanded not only the attention of the other animals, but ours as well. We grabbed our binoculars and climbed on the seats, desperate to capture the perfect picture. Some of us even went on a hot-air balloon ride, taking close-up photographs and taking in the mesmerizing sights.

Though some days we woke up at 5 in the morning with a busy schedule ahead, we also knew that no matter what, we would never have regrets. Though hectic, it was worth it; thanks to Carmeline's thoughtful planning, we spent every waking minute engrossed in the beautiful wildlife.

With each animal we saw, we felt a collective rush of adrenaline, aware that at that moment, we were witnessing a once in a lifetime opportunity. As we took pictures, we captured memories, knowing that even years later we would remember this unforgettable trip. Our African Safari was truly incredible, and I can say confidently on behalf of the group, that this trip will be one that we forever treasure.





Photos taken by members of the safari trip



# Our Goa Vacation

Maiya Gomes

This summer my family went on vacation to India. We spent a month and half in Goa. Even though it rained a lot during our first week there, we had fun playing cards, watching movies, and walking on the beach. Grandma asked us to paint some pictures for her to hang in the guest rooms, so we took a trip to Panjim market to pick some art supplies. It was a busy market, with a lot of shops and narrow lanes. There were some colorful murals that we took pictures in front of. We walked around Panjim and stopped for lunch at a South Indian restaurant called Southern Basil where we enjoyed some tasty Biryani and other dishes.

We were supposed to have a big family reunion, with my dad's sister's family and my Papa and Grandma (Mumbai) also coming down to Goa. I was looking forward to seeing my cousins after quite some time, but unfortunately things didn't go according to plan - Covid Struck! Mom, Papa and Grandma (Goa) got Covid, so now dad's family couldn't come and we couldn't go anywhere other than the beach. Dad also decided to go back to Mumbai earlier, to spend some time with them.

When everyone got better, and before dad left we went to the Mall de Goa in Porvorim. The highlight of the trip was going to the food court, where I had the most mouthwatering chocolate waffle, and mango lassi. We also visited Fort Aguada. It was fun even though it started pouring as soon as we got there. Corey and I splashed in puddles and took pictures under the rock cutouts, while waiting for the rain to subside. We got home drenched but happy.



Corey & Maiya at Fort Aguada

We enjoyed taking long walks on the beach. Corey and I would collect different sea-shells - like the spiral cones and the rounder ones with different patterns. Once we took a long walk from Calangute to Baga beach. On the way there we stopped and got some delicious ice-cream from Natural's. On the sunnier days when we didn't go to the beach, we went swimming in a neighbor's pool.

After my dad left, we went to visit an ancestral Goa museum called Bigfoot. The place is given its name from a large footprint in a rock that relates to a story about a man's goodness and devotion to god. Here, there are life-size dioramas of a goan village from a long time ago. There are models of trades people like the fishermen and the 'Poder'. There were also model homes of people of different religions and scenes of the different festivals of Goa. We went to the Mapusa Market several times throughout the trip because Papa always wanted to get fruits and vegetables. Each time we went, we would stop at a restaurant. Mom would get falooda, Corey - mixed ice-cream, and I would get samosas!

We visited the Reis Magos Fort and Fort Aguada again. This time, we visited the jail where people fighting for Goa's liberation were imprisoned. On the way back we stopped at a local church festival and bought sweets - 'Kadio-Bodio'. It was great visiting family and seeing all the different places that make Goa so unique.



Corey



Big Foot



Reis Magos



Maiya



## Adrienne Nunes, A Summer Camp with the Scouts

Adrienne joined Troop 54, one of the largest girl troops in the Boy Scouts, in 2021.

This summer she went to a week long Summer Camp just outside of Dallas and another camp called Emerald Bay on Catalina Island, California.

She earned 7 merit badges this summer and her first class rank. At Emerald Bay, she went canoeing, slept on the USS Iowa (a battleship that was instrumental in World War II), slept in a shelter she made on the beach and hiked 1,800 feet (7 miles) to see the sun rise.

Adrienne loves camping and will camp nearly every month this year. She has met a lot of friends and learned some neat skills during Scouts (how to start a fire, how to set up a tent, how to cook in a Dutch oven, how to capsize a canoe and get back in, etc.). Life skills for a lifetime!



Adrienne & Ryan Nunes





# Vive la France

Tyler DeBellis

Going on my trip to France was one of the best experiences of my life. As a 14 year old, I realize that most of the children in my age group don't have the privilege to experience these type of things. Since I was lucky enough to be able to attend this trip, I have gathered some of my thoughts about it.

France is way different than any other country. France has an immense amount of history as well as charm and natural beauty. These include historic Normandy beaches, lush gardens in the countryside, and you can't forget the amazing city of Paris. One of my dreams was to visit the Eiffel Tower and I can finally say that being able to visit Paris and experience it was one of the greatest moments in my life. All of these different aspects come together to form a country that creates a travel experience like no other. Finally, you can't forget about the food! The food that comes from this country is vastly different than the food you get back in America. It is more fresh, more flavorful, and more delicious.

Overall, my France trip was incredible, and I couldn't have done it without my Grandma and Grandpa. Thank you guys!



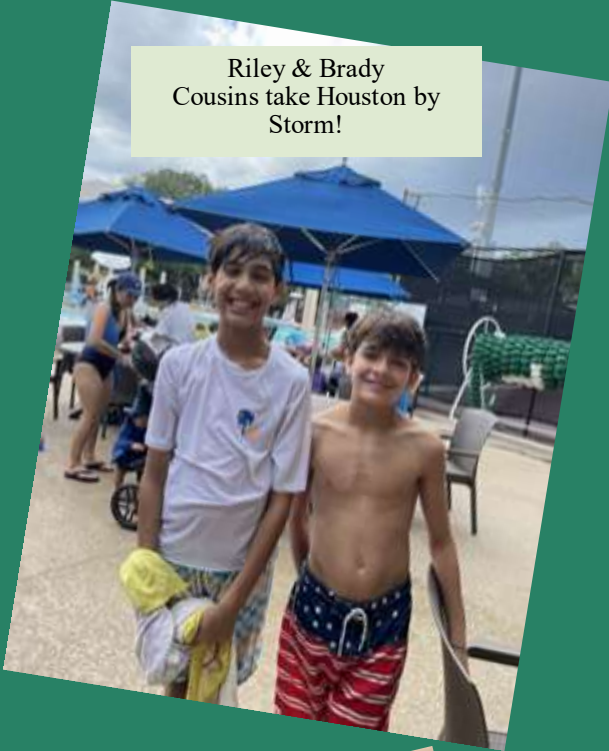
Dianne & Tyler— a memorable trip!





# Summer Fun

Riley & Brady  
Cousins take Houston by  
Storm!



Mother– Daughters trip to the  
Everglades & Marco Island, FL



Family get together on the Big Island of Hawaii  
Alison, Nigel, Michelle, Leila and Luciana



Nathan, Rachel, Sage  
Sibling time in DC

# GOANJ Picnic– 2022

## Family, Fun and Fellowship

Felicia Mariah Faria

On August 21st, over 200 Goans from various parts of New Jersey, New York, Pennsylvania and Delaware gathered at Rosedale Park, the newly discovered and upgraded venue for our picnic. The Annual Goa NJ Picnic is one of the most popular events where many folks gather to celebrate, meet other Goans from across the 4 states and enjoy a fun-filled day. It's a time for family, fun and fellowship, something Goans cherish.

We were greeted by the committee members who were very welcoming and handed the young ones a bag of tickets for their games. Shortly after the other guests arrived, the hot and yummy appetizers were served, after which the games started and the fun began. Games like feeding the clown, ping pong trap and balloon fights were enjoyed by all the children (kids and teens). "Getting to know you bingo", water balloons toss, and soccer shootouts were enjoyed by both the adults and children. There were many other independent games for the kids such as badminton, soccer, basketball, and a small playground for kids to hangout.

During the day, people were mingling and catching up with friends. The park was filled with sounds of music, chattering and laughter, which proved everyone was having a good time. Evette kept everyone on their feet with her amazing playlist. At 2:00 pm, a sumptuous lunch and dessert were served.

Wilma Martins put together a group of people to do the readings and sing in the choir. The mass was presided by Father Darryl from Canada who was the main celebrant with an assist from Fr. Paulus and Deacon Austin. Father Darryl celebrated 25 years in the priesthood while Father Paulus celebrated 50 years in the priesthood.

Offertory collections were donated to Asha Bhavan, Thivim, Goa, a home for the Senior Disabled Women and Women in Distress, run by the Sisters of Mercy of the Holy Cross.

Right after Mass, delicious cookies, brownies, and tea/ coffee were served. After tea, everyone enjoyed playing the much awaited Bingo. The numbers were called by our very own Tony Barros. As Wilma and a few other folks continued on with a sing along, everyone helped in the clean up.

That concluded the eventful and enjoyable day. A special thank you to the awesome organizing planning committee members for making this event so very special. We hope to see you at the Christmas dance which is scheduled for December 10.



GOANJ Picnic-2022  
Pictures speak a 1000 words





























**Mai's Fresh Curry Paste**  
(0.5 lb)

Cafreal \$6, Rechardo \$8, Vindaloo \$7, Sorpotel \$8, Xacuti \$10, and Orange Coconut Curry \$8.

**Mai' Orange Coconut Curry**

Traditional curry (with kokum).  
Dried Bombils/Shrimps. \$16/lb,  
Pomfret \$19/lb.

**Ryan' Caldin Curry**

Rich coconut milk based thick yellow curry. Shrimps \$16/lb, Pomfret \$19/lb.

**Mai' Rechardo Fish Fry**

Crispy fried Asian Mackerels or thick sliced Desi Pomfrets marinated with Rechardo masala (~1lb weight).  
Bangda- \$18/ 3 fish  
Pomfret- \$24/ 1 fish  
\*Subject to availability and change in market pricing.

**Prisca's Bombil Balchao**

Lightly fried dried Bombay ducks, cooked in a rich sauce. \$25/lb.

**Bittu's Prawn Balchao**

Spicy-sweet tangy, made with large shrimps. \$23/lb.

**Rechardo Bombil**

Rechardo stuffed dry Bombay ducks. \$17/ 0.5 lb (needs frying).

**Aunt Rosy' Croquettes**

Lean ground beef in secret spice blend. \$20/1 dozen.

**Alice's Fish Cutlets**

Shallow fried spicy-tangy tuna fish cutlets. \$18/1 dozen.



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**EZ' Beef Tongue Roast**

Slow cooked with fresh warm spices to maintain perfect tender juicy bite. \$28/lb.

**Mai' Chicken Cafreal**

Fragrant concoction of spices and fresh green herbs cooked to form a thick sauce. \$17/lb

**EZ' Jeerem Meerem**

Exotic flavors of warm spices, caramelized onions & very hot peppers. Chicken \$19/lb, Pork \$21/lb.

**Beryl's Vindaloo**

Rich and thick vinegar-based chili curry. Chicken \$17/lb, Pork \$18/lb.

**Aunty Joyce' Pork Sorpotel**

Cured to perfect tanginess, heat and sweetness. \$22/lb.

**EZ' Spicy Pork Chilly**

Blend of aromatic spices, garlic, hot red-green chillies and kokum. \$19/lb.

WE ENJOY COOKING AS A PASSION AND BASE OUR RECIPES ON GOAN CUISINE LEARNED THROUGH OUR FAMILIES & FRIENDS. REACH OUT VIA EMAIL ([ezrygoandelights@gmail.com](mailto:ezrygoandelights@gmail.com)) OR PREFERABLY WHATSAPP EUSEBIO (a.k.a EZ) 434-806-4758. WE MAKE FRESH TO ORDER ONLY. WE ACCEPT ZELLE/VENMO. WE DO SHIP AS PER YOUR PREFERENCE WITHIN USA (SHIPPING AND PACKAGING ADDITIONAL CHARGES). WE ARE NOT RESPONSIBLE FOR SHIPPING DELAYS OR DAMAGES. WE PROCURE OUR INGREDIENTS FROM SOURCES THAT MAY PROCESS NUTS, PLEASE REVIEW ANY ALLERGIES WITH US BEFORE CONFIRMING YOUR ORDERS. OUR PRODUCTS ARE NOT FOR COMMERCIAL USE. PRICES INDICATE MINIMUM ORDER.

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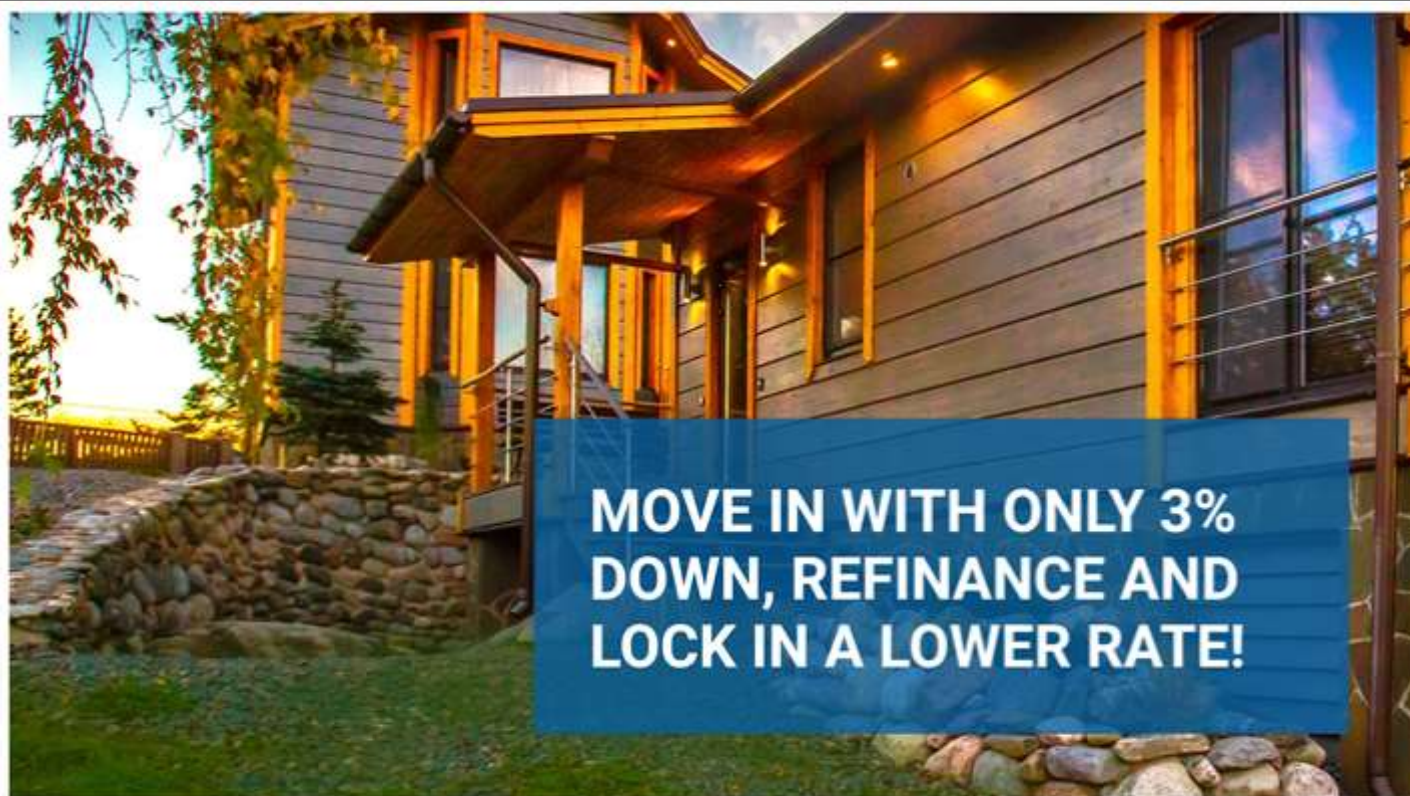
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